

CONTENTS OF VOLUME 26

Volume 26, No. 1, 1994

Editorial

Clinical Sciences

Clinical Case Study

Peliosis hepatis in a young adult bodybuilder

Alan Cabasso

2

Clinical Investigation

Shoulder weakness in professional baseball pitchers

S. Peter Magnusson, Gilbert W. Gleim, and James A. Nicholas

5

Clinical Review

Neuromechanics of the patellofemoral joint

Mark D. Grabiner, Timothy J. Koh, and Louis F. Draganich

10

Clinical Survey

Reporting behaviors and activity levels of intercollegiate athletes with an URI

Thomas G. Weidner

22

Basic Sciences/Regulatory Physiology

Symposium: Control of Aerobic Energy Metabolism in Skeletal Muscle

Chairpersons: Joseph W. Starnes and Ronald L. Terjung

Introduction to respiratory control in skeletal muscle

Joseph W. Starnes

27

The importance of the creatine kinase reaction: the concept of metabolic capacitance

H. Lee Sweeney

30

Factors affecting the rate and energetics of mitochondrial oxidative phosphorylation

David F. Wilson

37

Role of calcium in respiratory control

Richard G. Hansford

44

Testing models of respiratory control in skeletal muscle

Ronald A. Meyer and Jeanne M. Foley

52

Applied Sciences

Biodynamics

The influence of body mass in endurance bicycling

David P. Swain

58

Mechanical energy management in cycling: source relations and energy expenditure

Jeffrey P. Broker and Robert J. Gregor

64

Physical Fitness and Performance

Fluid ingestion during exercise in 25°C water at the surface and 5.5 ATA

Thomas J. Doubt and Patricia A. Deuster

75

Effect of dietary fat on metabolic adjustments to maximal $\dot{V}O_2$ and endurance in runners

Deborah M. Muoio, John J. Leddy, Peter J. Horvath, Atif B. Awad, and David R. Pendergast

81

Comparison of cardiopulmonary responses to forward and backward walking and running

Timothy W. Flynn, Sean M. Connery, Michael A. Smutok, R. Jorge Zeballos, and Idelle M. Weisman

89

Special Communications

Methods

Validation of the Rockport Fitness Walking Test for adults with mental retardation

Jennifer M. Kittredge, James H. Rimmer, and Marilyn A. Looney

95

Comparison of submaximal exercise responses using the Bruce vs modified Bruce protocols

Kyle J. McInnis and Gary J. Balady

103

Evaluation of the Cosmed K2 portable telemetric oxygen uptake analyzer

Craig G. Crandall, Sherry L. Taylor, and Peter B. Raven

108

Target heart rates for the development of cardiorespiratory fitness

David P. Swain, Kimberly S. Abernathy, Carla S. Smith, Shirley J. Lee, and Shelly A. Bunn

112

Book Reviews

117

Reviewers for 1993

120

Clinical Sciences

Clinically Relevant Symposium: Exercise and Immunology

Chairperson: David C. Nieman

Exercise and immunology <i>Mark S. Nash</i>	125
Exercise, upper respiratory tract infection, and the immune system <i>David C. Nieman</i>	128
NK cell response to physical activity: possible mechanisms of action <i>Bente Klariund Pedersen and Henrik Ullum</i>	140
Exercise, monocyte/macrophage function, and cancer <i>Jeffrey A. Woods and J. Mark Davis</i>	147
Exercise, natural immunity, and tumor metastasis <i>Laurie Hoffman-Goetz</i>	157
Immune responses to nervous system decentralization and exercise in quadriplegia <i>Mark S. Nash</i>	164
Role of endurance exercise in immune senescence <i>David C. Nieman and Dru A. Henson</i>	172
Exercise and psychoneuroimmunology <i>Arthur LaPerriere, Gail Ironson, Michael H. Antoni, Neil Schneiderman, Nancy Klimas, and Mary Ann Fletcher</i>	182
Current challenges and future expectations in exercise immunology: back to the future <i>Laurel Traeger Mackinnon</i>	191

Basic Sciences/Regulatory Physiology

Hypothesis

A neurogenic basis for acute altitude illness <i>John A. Krasney</i>	195
---	-----

Original investigations

Influence of exercise intensity and plasma volume on active cutaneous vasodilation in humans <i>Gary W. Mack, Hiroshi Nose, Akira Takamata, Tadashi Okuno, and Taketoshi Morimoto</i>	209
Unilateral carotid-cardiac baroreflex responses in exercise trained and untrained men <i>Jon W. Williamson and Peter B. Raven</i>	217

Applied Sciences

Epidemiology

Healthy lifestyles of former Finnish world class athletes <i>Mikael Fogelholm, Jaakko Kaprio, and Seppo Sarna</i>	224
--	-----

Biodynamics

Effect of hip position on gravity effect torque <i>William J. Ford, Stephen D. Bailey, Kenneth Babich, and Teddy W. Worrell</i>	230
--	-----

Physical Fitness and Performance

Loss of muscle mass is poorly reflected in grip strength performance in healthy young men <i>Michael J. Johnson, Karl E. Friedl, Peter N. Frykman, and Robert J. Moore</i>	235
Effects of stairclimbing on $\dot{V}O_{2max}$ and quadriceps strength in middle-aged females <i>Steven F. Loy, Linda M. Conley, Ernie R. Sacco, William J. Vincent, George J. Holland, Eric G. Sletten, and Peggy R. Trueblood</i>	241

Special Communications

Methods

Energy expenditure measurement in male cross-country skiers: comparison of two field methods <i>Marcel R. Boulay, Olivier Serresse, Natalie Almeras, and Angelo Tremblay</i>	248
'Reproducibility of running time to exhaustion at $\dot{V}O_{2max}$ in subelite runners <i>Veronique Billat, Jean C. Renoux, Jacques Pinoteau, Bernard Petit, and Jean P. Koralsztejn</i>	254

Technical Note

Bottom temperatures of skating skis on snow <i>Samuel C. Colbeck</i>	258
---	-----

Letters to the Editor-in-Chief

Lactate and ventilatory thresholds in cardiac transplant patients <i>L. Bruce Gladden</i>	263
Response <i>Peter H. Brubaker</i>	263

Book Reviews	265
Volume 26, No. 3, 1994	
Proceedings of a Research Roundtable	
Intestinal absorption during rest and exercise: implications for formulating an oral rehydration solution (ORS) <i>Harold P. Schedl, Ronald J. Maughan, and Carl V. Gisolfi</i>	267
Clinical Sciences	
Case Study	
Shoulder pain in a football player <i>Andrew M. Tucker</i>	281
Clinical Investigations	
Left ventricular responses during prolonged treadmill walking with heavy load carriage <i>Michael Sagiv, David Ben-Sira, Amira Sagiv, Gallila Werber, and Arie Rotstein</i>	285
Which factors predict outcome in the nonoperative treatment of patellofemoral pain syndrome? A prospective follow-up study <i>Pekka Kannus and Seppo Niittymäki</i>	289
Clinical Epidemiology	
Eating disorders and substance use: a dancing vs a nondancing population <i>Claire C. Holderness, Jeanne Brooks-Gunn, and Michelle P. Warren</i>	297
Basic Sciences/Regulatory Physiology	
Symposium: Peripheral Chemoreceptors and the Control of Ventilation During Exercise	
Chairperson: Susan A. Ward	
Assessment of peripheral chemoreflex contributions to exercise hyperpnea in humans <i>Susan A. Ward</i>	303
Identification of peripheral chemoreceptor stimuli <i>Piers C. G. Nye</i>	311
Central integration of mechanisms in exercise hyperpnea <i>Frederic L. Eldridge</i>	319
The role of the carotid chemoreceptors in the control of breathing during exercise <i>Hubert V. Forster and Lawrence G. Pan</i>	328
Peripheral chemoreceptor control of exercise hyperpnea in humans <i>Brian J. Whipp</i>	337
Original Investigations	
Alanine kinetics in humans during low-intensity exercise <i>Fabio Carraro, Antonella Naldini, Jean-Michel Weber, and Robert R. Wolfe</i>	348
Antioxidant and oxidative enzyme adaptations to vitamin E deprivation and training <i>Peter M. Tiidus and Michael E. Houston</i>	354
Glucose polymer ingestion—effect on fluid balance and glycemic state during a 4-d march <i>Ruth Burstein, Daniel S. Seidman, Jacob Alter, Dan Moram, Ofer Shpilberg, Joshua Shemer, Michael Wiener, and Yoram Epstein</i>	360
Influence of sodium on glucose bioavailability during exercise <i>Mark Hargreaves, David Costill, Louise Burke, Glenn McConell, and Mark Febbraio</i>	365
Special Communications	
Methods	
Validation of the CSA accelerometer for assessing children's physical activity <i>Kathleen F. Janz</i>	369
Comparison of activity levels using the Caltrac® accelerometer and five questionnaires <i>David J. Miller, Patty S. Freedson, and Greg M. Kline</i>	376
An automated real time underwater weighing system <i>Leslie W. Organ, Anthony D. Eklund, and Jerry D. Ledbetter</i>	383
Technical Note	
Body composition and two-compartment model assumptions in male long distance runners <i>I-Wen Penn, Zi-Mian Wang, Kathleen M. Buhl, David B. Allison, Santiago E. Burastero, and Steven B. Heymsfield</i>	392
Letters to the Editor-in-Chief	
Contractile Properties of Skinned Fibers <i>Arnold G. Nelson</i>	398
Response <i>Susan C. Kandarian and Jay Williams</i>	398

Book Reviews	400
ACSM_® Position Stand: Exercise for Patients with Coronary Artery Disease	i
Volume 26, No. 4, 1994	
Clinical Sciences	
Clinical Commentary	
HIV/AIDS policies and sports: the National Football League <i>Lawrence S. Brown, Jr., Regina Y. Phillips, Charles L. Brown, Jr., Donald Knowlan, Lon Castle, and Jay Moyer</i>	403
Case Study	
An acute myocardial infarction occurring in an anabolic steroid user <i>Melvin J. Huie</i>	408
Clinical Review	
Risk and trigger factors for the development of eating disorders in female elite athletes <i>Jorunn Sundgot-Borgen</i>	414
Clinical Investigations	
Cardiovascular responses to submaximal arm and leg exercise in cardiac transplant patients <i>Steven J. Keteyian, Charles R. C. Marks, Arlene B. Levine, Takeshi Kataoka, Frank Fedel, and T. Berry Levine</i>	420
Relationship between cardiorespiratory fitness and lipoprotein(a) in men and women <i>Richard G. Israel, Marcia J. Sullivan, Richard H. L. Marks, Robyn S. Cayton, and Thomas C. Chenier</i>	425
Basic Sciences/Regulatory Physiology	
Brief Review	
Skeletal muscle weakness in old age: underlying mechanisms <i>Susan V. Brooks and John A. Faulkner</i>	432
Original Investigations	
Exercise on-transient gas exchange kinetics are slowed as a function of age <i>Mark A. Babcock, Donald H. Paterson, David A. Cunningham, and John R. Dickinson</i>	440
Effects of aerobic endurance training on gas exchange kinetics of older men <i>Mark A. Babcock, Donald H. Paterson, and David A. Cunningham</i>	447
Effects of caffeine on the metabolic and catecholamine responses to exercise in 5 and 28°C <i>Dawn E. Anderson and Matthew S. Hickey</i>	453
Vagal afferents reflexly inhibit exercise in conscious rats <i>Stephen E. DiCarlo, Heidi L. Collins, and Chao-Yin Chen</i>	459
The effect of lower body positive pressure on the exercise capacity of individuals with spinal cord injury <i>Kenneth H. Pitetti, Pamela J. Barrett, Kathryn D. Campbell, and Don E. Malzahn</i>	463
Applied Sciences	
Psychobiology and Social Sciences	
Symposium: Psychological Skills for Enhancing Performance: A Review and Critique	
Robert S. Weinberg	
Goal setting and performance in sport and exercise settings: a synthesis and critique <i>Robert S. Weinberg</i>	469
Psychological skills for enhancing performance: arousal regulation strategies <i>Daniel Gould and Eileen Udry</i>	478
Imagery interventions in sport <i>Shane M. Murphy</i>	486
Current status and prominent issues in sport psychology interventions <i>Robin S. Vealey</i>	495
Physical Fitness and Performance	
Hypervolemia and cycling time trial performance <i>Maurie J. Luetkemeier and Evan L. Thomas</i>	503
Neuromuscular adaptations following prepubescent strength training <i>John C. Ozmun, Alan E. Mikesky, and Paul R. Surburg</i>	510
Effect of body build on weight-training-induced adaptations in body composition and muscular strength <i>Ludo M. L. A. van Etten, Frans T. J. Verstappen, and Klaas R. Westerterp</i>	515
Corrigendum	521

Volume 26, No. 5, 1994

Clinical Sciences

Clinical Case Study

- Exercise-induced diarrhea: when to wonder
Randall A. Swain 523

Clinical Review

- Exercise testing and training in patients with chronic heart failure
Peter Hanson 527

Clinical Investigations

- Normal cardiopulmonary responses during incremental exercise in 20- to 70-yr-old men
Omri Inbar, Ami Oren, Mickey Scheinowitz, Arie Rotstein, Ronald Dlin, and Richard Casaburi 538
- A justification for high resolution hematocrit measurement
Maureen E. Kelly, Maurie J. Luetkemeier, and George M. Pantalos 547
- Right to left differences in the ankle joint complex range of motion
Darren J. Stefanyshyn and Jack R. Engsborg 551

Basic Sciences/Regulatory Physiology

Symposium: Exercise and aging: a molecular approach

Chairperson: Robert S. Mazzeo

- Effect of aging on human skeletal muscle and motor function
Frank W. Booth, Steven H. Weeden, and Brian S. Tseng 556
- Mechanisms for the responses of cardiac muscle to physical activity in old age
Charlotte A. Tate, Michael F. Hyek, and George E. Taffet 561
- Exercise and aging: autonomic control of the circulation
Douglas R. Seals, J. Andrew Taylor, Alex V. Ng, and Murray D. Esler 568
- Influence of age on skeletal muscle glucose transport and glycogen metabolism
Gregory D. Cartee 577
- The influence of exercise and aging on immune function
Robert S. Mazzeo 586

Original Investigations

- Skeletal muscle fiber type, resistance training, and strength-related performance
Robert C. Hickson, Karen Hidaka, and Carl Foster 593
- Moderate diet restriction alters the substrate and hormone response to exercise
Nancy L. Keim, Bonnie L. Anderson, Teresa F. Barbieri, and Mei-Miau Wu 599

Applied Sciences

Biodynamics

- EMG activities and ground reaction forces during fatigued and nonfatigued sprinting
Ari Nummela, Heikki Rusko, and Antti Mero 605
- Does entrained breathing improve the economy of rowing?
Susan E. MacLennan, Gerard A. Silvestri, Joseph Ward, and Donald A. Mahler 610

Physical Fitness and Performance

- Muscle function at the wrist following 9 d of immobilization and suspension
Mary P. Miles, Priscilla M. Clarkson, Mark Bean, Karen Ambach, James Mulroy, and Kevin Vincent 615
- The effects of taper on performance in distance runners
Joseph A. Houmard, Barry K. Scott, Charles L. Justice, and Thomas C. Chenier 624

Special Communications

Methods

- Validity of percent body fat estimations in males
Jeffrey R. Stout, Joan M. Eckerson, Terry J. Housh, Glen O. Johnson, and Nancy M. Betts 632

Technical Notes

- Effect of drafting on heart rate in cross-country skiing
Bernard Bilodeau, Benoît Roy, and Marcel R. Boulay 637
- The accuracy of the ACSM and a new cycle ergometry equation for young women
Richard W. Latin and Kris E. Berg 642

Book Reviews

Volume 26, No. 6, 1994

J. B. Wolfe Memorial Lecture

- Health consequences of physical activity: understanding and challenges regarding dose-response
William L. Haskell 649

Clinical Sciences

Clinical Investigations

- Physical strain in daily life of wheelchair users with spinal cord injuries
Thomas W. J. Janssen, Cornelia A. J. M. van Oers, Luc H. V. van der Woude, and A. Peter Hollander 661
- The acute effects of exercise intensity on HDL-C metabolism
Paul M. Gordon, Fredric L. Goss, Paul S. Visich, Vijay Warty, Bart J. Denys, Kenneth F. Metz, and Robert J. Robertson 671

Case Study

- Exercise training in a patient with congestive heart failure on continuous dobutamine
Takeshi Kataoka, Steven J. Keteyian, Charles R. C. Marks, Frank J. Fedel, Arlene B. Levine, and T. Barry Levine 678

Clinical Survey

- A national survey of drug testing policies for college athletes
Laurie Fields, W. Robert Lange, Nancy A. Kreiter, and Paul J. Fudala 682

Basic Sciences/Regulatory Physiology

Original Investigations

- Heat stress does not sensitize rats to the toxic effects of bacterial lipopolysaccharide
Alan J. Ryan, Ronald D. Matthes, Frank A. Mitros, and Carl V. Gisolfi 687
- Effects of cocaine on glycogen metabolism and endurance during high intensity exercise
Russell W. Braiden, Gilbert W. Fellingham, and Robert K. Conlee 695
- Blood pressure responses to dynamic exercise with lower-body positive pressure
Jon W. Williamson, Craig G. Crandall, Jeffrey T. Potts, and Peter B. Raven 701
- Cardiovascular responses to active and passive cycling movements
Antonio C. L. Nóbrega, Jon W. Williamson, Daniel B. Friedman, Claudio G. S. Araújo, and Jere H. Mitchell 709
- Arterial blood pressure response to rowing
Phillip S. Clifford, Birgitte Hanel, and Niels H. Secher 715
- Energy balance in cross-country skiers: a study using doubly labeled water
Anders M. Sjödin, Agneta B. Andersson, Jeanette M. Högberg, and Klaas R. Westerterp 720
- Gastric emptying of water and isocaloric carbohydrate solutions consumed at rest
Robert Murray, Dennis E. Eddy, William P. Bartoli, and Gregory L. Paul 725

Applied Sciences

Growth and Development

Symposium: Exercise Modulation of Human Growth

Chairperson: Dan M. Cooper

- Evidence for and mechanisms of exercise modulation of growth—an overview
Dan M. Cooper 733
- Neurohumoral mediation of exercise-induced growth
Katarina T. Borer 741
- Can wound healing be a paradigm for tissue repair?
Thomas K. Hunt and M. Zamirul Hussain 755
- Physical activity and training: effects on stature and the adolescent growth spurt
Robert M. Malina 759
- Growth at puberty: interaction of androgens and growth hormone
Alan D. Rogol 767

Biodynamics

- Electromyographic analysis of standing posture and demi-plié in ballet and modern dancers
Elly Trepman, Richard E. Gellman, Ruth Solomon, K. Ramesh Murthy, Lyle J. Micheli, and Carlo J. de Luca 771

Psychobiology and Social Sciences

- Responses to preferred intensities of exertion in men differing in activity levels
Rod K. Dishman, Robert P. Farquhar, and Kirk J. Cureton 783
- Rating of perceived exertion and heart rate as indicators of exercise intensity in different environmental temperatures
Jeffrey A. Potteiger and Steven F. Weber 791
- Rating of perceived exertion and blood lactate concentration during submaximal running
Joyce Steed, Glenn A. Gaesser, and Arthur Weltman 797

Book Reviews

- Corrigendum 804

Volume 26, No. 7, 1994

Clinical Sciences

Clinically Relevant Symposium

Physical Activity Epidemiology and Public's Health: A Symposium in Honor of Ralph S. Paffenbarger's 70th Birthday

Chairpersons: Steven N. Blair and Kenneth E. Powell

Exercise in the prevention of coronary heart disease: today's best buy in public health <i>Jeremy N. Morris</i>	807
The efficacy and safety of exercise programs in cardiac rehabilitation <i>William L. Haskell</i>	815
Prevention of non-insulin-dependent diabetes mellitus with physical activity <i>Susan P. Helmrich, David R. Ragland, and Ralph S. Paffenbarger, Jr.</i>	824
Physical activity and its relation to cancer risk: a prospective study of college alumni <i>I-Min Lee and Ralph S. Paffenbarger, Jr.</i>	831
Physical activity, diet, and health: independent and interactive effects <i>Peter D. Wood</i>	838
Physically active commuting to work—testing its potential for exercise promotion <i>Ilkka M. Vuori, Pekka Oja, and Olavi Paronen</i>	844
The public health burdens of sedentary living habits: theoretical but realistic estimates <i>Kenneth E. Powell and Steven N. Blair</i>	851
Changes in physical activity and other lifeway patterns influencing longevity <i>Ralph S. Paffenbarger, Jr., James B. Kampert, I-Min Lee, Robert T. Hyde, Rita W. Leung, and Alvin L. Wing</i>	857

Clinical Investigations

Does cardiovascular health mediate hearing ability? <i>Jack Manson, Helaine M. Alessio, Mark Cristell, and Kathleen M. Hutchinson</i>	866
An evaluation of cervical orthoses in limiting hyperextension and lateral flexion in football <i>W. David Hovis and Thomas J. Limbird</i>	872
Lowered motor conduction velocity of the peroneal nerve after inversion trauma <i>Gerrit J. Kleinrensink, Rob Stoeckart, Jan Meulstee, Dinesh M. K. S. Kaulesar Sukul, Andry Vleeming, Chris J. Snijders, and Arthur van Noort</i>	877
Regional differences in bone density of young men involved in different exercises <i>Ronald C. Hamdy, John S. Anderson, Kathleen E. Whalen, and Leo M. Harvill</i>	884

Applied Sciences

Epidemiology

Physical activity, $\dot{V}O_{2max}$, and jumping height in an urban population <i>Urho M. Kujala, Tero Viljanen, Simo Taimela, and Jukka T. Viitasalo</i>	889
Level of physical activity and CHD risk factors in black South African men <i>Phillip B. Sparling, Timothy D. Noakes, Krisela Steyn, Esme Jordaan, Pieter L. Jooste, Lesley T. Bourne, and Charl Badenhorst</i>	896

Physical Fitness and Performance

Prolonged endurance exercise and sleep disruption <i>Helen S. Driver, Geoff G. Rogers, Duncan Mitchell, Sharon J. Borrow, Moira Allen, Herman G. Luus, and Colin M. Shapiro</i>	903
Postexercise oxygen consumption in trained females: effect of exercise duration <i>Timothy J. Quinn, Neil B. Vroman, and Robert Kertzer</i>	908
Sickle cell trait performance in a prolonged race at high altitude <i>Patrice Thiriet, Jean Yves Le Hesran, Dieudonné Wouassi, Emmanuel Bitanga, David Gozal, and Francis J. Louis</i>	914

Special Communications

Methods: Statistics

Evaluation of time-series data sets using the Pearson product-moment correlation coefficient <i>Timothy R. Derrick, Barry T. Bates, and Janet S. Dufek</i>	919
Resampling cross-validation technique in exercise science: modelling rowing power <i>Randall L. Jensen and Greg M. Kline</i>	929

Book Reviews	934
---------------------------	-----

Volume 26, No. 8, 1994

Clinical Sciences

Case Studies

Ectopic atrial tachycardia in a young athlete <i>Paul Dendale, Kenny De Meirleir, and Daniel De Wolf</i>	937
---	-----

Bilateral distal biceps tendon avulsions with use of anabolic steroids <i>Tuomo Visuri and Harri Lindholm</i>	941
Clinical Investigations	
Adding β -2 agonism does not improve β -1 blockade exercise responses in hypertensives <i>Patricia A. Rueckert, Peter R. Slane, and Peter Hanson</i>	945
The protective effects of continuous and interval exercise in athletes with exercise-induced asthma <i>Donald C. McKenzie, Sandra L. McLuckie, and David R. Stirling</i>	951
Clinically Relevant Review	
Skeletal muscle characteristics: relationships to cardiovascular risk factors <i>David R. Bassett, Jr.</i>	957
Clinical Epidemiology	
Changes in CHD risk factors with age: a comparison of Danish adolescents and adults <i>Lars B. Andersen and Johanna Haraldsdóttir</i>	967
Basic Sciences/Regulatory Physiology	
Original Investigations	
Muscle fiber splitting in stretch-enlarged avian muscle <i>Jose Antonio and William J. Gonyea</i>	973
Exercise training does not alter cytochrome P-450 content and microsomal metabolism <i>Thomas J. Michaud, Kenneth A. Bachmann, Fredrick F. Andres, Michael G. Flynn, Gerald P. Sherman, and Jorge Rodriguez-Zayas</i>	978
Turnover of human muscle glycogen with low-intensity exercise <i>Thomas B. Price, Roy Taylor, Graeme F. Mason, Douglas L. Rothman, Gerald I. Shulman, and Robert G. Shulman</i>	983
Effect of passive and active recovery on the resynthesis of muscle glycogen <i>Daihyuk Choi, Kevin J. Cole, Bret H. Goodpaster, William J. Fink, and David L. Costill</i>	992
Tension development and duty cycle affect \dot{Q}_{peak} and $\dot{V}O_{2peak}$ in contracting muscle <i>Stephen L. Dodd, Scott K. Powers, and M. Pat Crawford</i>	997
Resistance training increases lower body negative pressure tolerance <i>J. Timothy Lightfoot, Donald J. Torok, Thomas W. Journell, Michael J. Turner, and Randal P. Claytor</i>	1003
Applied Sciences	
Biodynamics	
Effects of muscle strengthening on vertical jump height: a simulation study <i>Maarten F. Bobbert and Arthur J. van Soest</i>	1012
Strength training effects on rearfoot motion in running <i>Michael E. Feltner, Holden S. H. MacRae, Priscilla G. MacRae, Nathan S. Turner, Craig A. Hartman, Monica L. Summers, and Michelle D. Welch</i>	1021
Psychobiology and Social Sciences	
State anxiety reduction and exercise: does hemispheric activation reflect such changes? <i>Steven J. Petruzzello and Daniel M. Landers</i>	1028
Psychological monitoring and modulation of training load of world-class canoeists <i>Bo Berglund and Hans Säfström</i>	1036
Physical Fitness and Performance	
The physiological response of instructors and participants to three aerobics regimens <i>James F. Clapp III and Kathleen D. Little</i>	1041
Metabolic and hemodynamic responses to walking with hand weights in older individuals <i>Blanche W. Evans, Jeffrey A. Potteiger, Michael C. Bray, and Jay L. Tuttle</i>	1047
Age dependence of Olympic weightlifting ability <i>David E. Meltzer</i>	1053
Letters to the Editor-in-Chief	
Body mass in endurance cycling <i>David A. Lally</i>	1068
Response <i>David P. Swain</i>	1068
Book Reviews	1069

Volume 26, No. 9, 1994

Clinical Sciences

Clinically Relevant Symposium

Perceived Exertion and Symptoms: Measurement and Clinical Applications

Chairperson: Donald A. Mahler

Psychological components of effort sense

William P. Morgan 1071

Perception of breathlessness during exercise in patients with respiratory disease

Donald A. Mahler and Mitchell B. Horowitz 1078

Perception of chest pain during exercise testing in patients with coronary artery disease

Jonathan N. Myers 1082

Prescribing exercise intensity for healthy adults using perceived exertion

Rod K. Dishman 1087

Clinical Investigations

Clinical and biochemical characteristics of collapsed ultramarathon runners

Lucy-May Holtzhausen, Timothy David Noakes, Bettina Kroning, Marné de Klerk, Mimi Roberts, and Robin Emsley 1095

Effects of exercise intensity, duration, and time of day on fibrinolytic activity in physically active men

Linda M. Szymanski and Russell R. Pate 1102

Effects of exercise on the immune response to cancer

Jeffrey A. Woods, J. Mark Davis, Marian L. Kohut, Abdul Ghaffar, Eugene P. Mayer, and Russell R. Pate 1109

Basic Sciences/Regulatory Physiology

Original Investigations

Endurance athletes' stroke volume does not plateau: major advantage is diastolic function

Norman Gledhill, Dean Cox, and Roni Jamnik 1116

Carnitine supplementation: effect on muscle carnitine and glycogen content during exercise

Matthew D. Vukovich, David L. Costill, and William J. Fink 1122

Effect of exercise training on the onset of Type I diabetes in the BB/Wor rat

Jodi D. Noble and Peter A. Farrell 1130

The effect of volume ingested on rehydration and gastric emptying following exercise-induced dehydration

Joel B. Mitchell, Peter W. Grandjean, Francis X. Pizza, Raymond D. Starling, and Robert W. Holtz 1135

Applied Sciences

Biodynamics

Alterations in oxygen consumption during and between bouts of level and downhill running

Kim C. Westerlind, William C. Bymes, Chad Harris, and Anthony R. Wilcox 1144

Bilateral performance symmetry during drop landing: a kinetic analysis

Philip K. Schot, Barry T. Bates, and Janet S. Dufek 1153

Physical Fitness and Performance

Fatigue contributes to the strength training stimulus

Kieran J. Rooney, Robert D. Herbert, and Ronald J. Balnave 1160

Performance decrements with high-intensity resistance exercise overtraining

Andrew C. Fry, William J. Kraemer, Femke van Borselen, James M. Lynch, Joseph L. Marsit, E. Pierre Roy, N. Travis Triplett, and Howard G. Knuttgen 1165

Peak oxygen deficit predicts sprint and middle-distance track performance

Peter G. Weyand, Kirk J. Cureton, Donovan S. Conley, Mark A. Sloniger, and Yi Lin Liu 1174

Acute weight gain in collegiate wrestlers following a tournament weigh-in

James R. Scott, Craig A. Horswill, and Randall W. Dick 1181

Book Reviews 1186

Volume 26, No. 10, 1994

Editorial 1189

Clinical Sciences

Clinical Commentary

The medical care of competitive athletes: the role of the physician and individual assumption of risk

Benjamin D. Levine and James Stray-Gundersen 1190

Clinical Symposium

Symposium: Elbow and Wrist Problems in Tennis Players

Chairperson: W. Ben Kibler

Efficacy of magnetic resonance imaging of the elbow

Richard J. Herzog 1193

Clinical biomechanics of the elbow in tennis: implications for evaluation and diagnosis <i>W. Ben Kibler</i>	1203
Wrist problems in the tennis player <i>Arthur C. Rettig</i>	1207
Clinical Investigations	
Catecholamine response to exercise and training in individuals with spinal cord injury <i>Susan A. Bloomfield, Rebecca D. Jackson, and W. Jerry Mysiw</i>	1213
The effects of gymnastics training on bone mineral density <i>David L. Nichols, Charlotte F. Sanborn, Sydney L. Bonnick, Vic Ben-Ezra, Barbara Gench, and Nancy M. DiMarco</i>	1220
Basic Sciences/Regulatory Physiology	
Symposium: Effects of Exercise Training on Coronary Circulation	
Chairperson: M. Harold Laughlin	
Effects of exercise training on coronary circulation: introduction <i>M. Harold Laughlin</i>	1226
Altered control of calcium in coronary smooth muscle cells by exercise training <i>Frank B. Underwood, M. Harold Laughlin, and Michael Sturek</i>	1230
Exercise training-induced increase in coronary transport capacity <i>Knowles A. Overholser, M. Harold Laughlin, and Milind J. Bhatte</i>	1239
Exercise-induced coronary angiogenesis: a review <i>Robert J. Tomanek</i>	1245
Effects of exercise training on regulation of tone in coronary arteries and arterioles <i>Janet L. Parker, Christine L. Oltman, Judy M. Muller, Paul R. Myers, H. Richard Adams, and M. Harold Laughlin</i>	1252
Clinical significance of coronary vascular adaptations to exercise training <i>M. Dan McKimman and Colin M. Bloor</i>	1262
Original Investigations	
Gastric emptying of ingested solutions in man: effect of beverage glucose concentration <i>Gunn E. Vist and Ronald J. Maughan</i>	1269
Androgen turnover during marathon running <i>Gabrielle A. E. Ponjee, Hans A. M. de Rooy, and Huib L. Vader</i>	1274
Applied Sciences	
Physical Fitness and Performance	
Heart rate responses during a 4-d cycle stage race <i>Garry S. Palmer, John A. Hawley, Steven C. Dennis, and Timothy D. Noakes</i>	1278
Physiological comparison of uphill roller skiing: diagonal stride versus double pole <i>Martin D. Hoffman, Philip S. Clifford, Phillip B. Watts, Kip M. Drobish, Timothy P. Gibbons, Victoria S. Newbury, Jon Eric Sulentic, Scott W. Mittelstadt, and Kathleen P. O'Hagan</i>	1284
Influence of rapid weight gain after the weigh-in on success in collegiate wrestlers <i>Craig A. Horswill, James R. Scott, Randall W. Dick, and John Hayes</i>	1290
Letters to the Editor-in-Chief	
Physical Activity and Hypertension <i>Carlos J. Crespo</i>	1295
Response <i>Glenn Gaesser and James Hagberg</i>	1296
Book Reviews	1297
Volume 26, No. 11, 1994	
Clinical Sciences	
Clinical Investigations	
The effect of exercise on serum and salivary cortisol in male children <i>Pedro del Corral, Anthony D. Mahon, Glen E. Duncan, Cheryl A. Howe, and Bruce W. Craig</i>	1297
Indomethacin potentiates exercise-induced reduction in renal hemodynamics in athletes <i>Robert J. Walker, J. Paul Fawcett, Erin M. Flannery, and David F. Gerrard</i>	1302
Comparable effects of diet and exercise on body composition and lipoproteins in older men <i>Donald R. Dengel, James M. Hagberg, Patricia J. Coon, Donald T. Drinkwater, and Andrew P. Goldberg</i>	1307
Basic Sciences/Regulatory Physiology	
Commentary	
Glucose metabolism and radioactive labeling: what are the real dangers? <i>Ed J. Beckers, Dave Halliday, and Anton J. M. Wagenmakers</i>	1316

Symposium: Mechanistic Basis of the Slow Component of $\dot{V}O_2$ Kinetics During Heavy Exercise

Chairpersons: David C. Poole, Brian J. Whipp, and Thomas J. Barstow

The slow component of O_2 uptake kinetics during heavy exercise <i>Brian J. Whipp</i>	1319
Characterization of $\dot{V}O_2$ kinetics during heavy exercise <i>Thomas J. Barstow</i>	1327
Role of exercising muscle in slow component of $\dot{V}O_2$ <i>David C. Poole</i>	1335
Influence of endurance training and catecholamines on exercise $\dot{V}O_2$ response <i>Glenn A. Gaesser</i>	1341
Mitochondrial function during heavy exercise <i>Wayne T. Willis and Matthew R. Jackman</i>	1347
$\dot{V}O_2$ slow component: physiological and functional significance <i>David C. Poole, Thomas J. Barstow, Glenn A. Gaesser, Wayne T. Willis, and Brian J. Whipp</i>	1354

Applied Sciences

Biodynamics

Tendon force measurements and movement control: a review <i>Robert J. Gregor and Thomas A. Abelew</i>	1359
Wheelchair propulsion efficiency: movement pattern adaptations to speed changes <i>Yves C. Vanlandewijck, Arthur J. Spaepen, and Roeland J. Lysens</i>	1373

Psychobiology and Social Sciences

Symposium: Exercise Adherence and Behavior Change: Prospects, Problems, and Future Directions

Chairperson: Rod K. Dishman

The measurement conundrum in exercise adherence research <i>Rod K. Dishman</i>	1382
Theories of reasoned action and planned behavior: usefulness for exercise promotion <i>Gaston Godin</i>	1391
Physical activity determinants: a social cognitive approach <i>David A. Dziewaltowski</i>	1395
The transtheoretical model: applications to exercise behavior <i>Bess H. Marcus and Laurey R. Simkin</i>	1400
Community and public health approaches to the promotion of physical activity <i>Abby C. King</i>	1405

Special Communications

Technical Note

Increase in blood lactate during ramp exercise: comparison of continuous and threshold models <i>Jonathan Myers, Doug Walsh, Nancy Buchanan, Paul McAuley, Eric Bowes, and Victor Froelicher</i>	1413
---	------

Letters to the Editor-in-Chief	1420
---	------

Book Reviews	1422
---------------------------	------

Volume 26, No. 12, 1994

Guest Editorial	1425
------------------------------	------

Clinical Sciences

Clinically Relevant Symposium: Osteoarthritis of the Knee: An Interdisciplinary Perspective

Chairperson: Stephen P. Messier

Osteoarthritis of the knee: an interdisciplinary perspective <i>Stephen P. Messier</i>	1427
Pathomechanics of knee osteoarthritis <i>David F. Martin</i>	1429
Physical disability from knee osteoarthritis: the role of exercise as an intervention <i>Walter H. Ettinger, Jr. and Richard F. Atable</i>	1435
Knee osteoarthritis and health-related quality of life <i>W. Jack Rejeski and Sally Shumaker</i>	1441
Osteoarthritis of the knee and associated factors of age and obesity: effects on gait <i>Stephen P. Messier</i>	1446

Basic Sciences/Regulatory Physiology

Original Investigations

Effect of swimming exercise and ethanol on rat liver P450-dependent monooxygenases <i>C. Murray Ardies, E. Keith Zachman, and Barbara J. Koehn</i>	1459
Cardiac intracellular regulation: exercise effects on the cAMP system and A-kinase <i>Christopher C. Dunbar and Michael I. Kalinski</i>	1459

Exercise reduces fat selection in female Sprague-Dawley rats <i>Gary D. Miller, Alison G. Dimond, and Judith S. Stern</i>	1466
Applied Sciences	
Biodynamics	
Symposium: Adaptive Properties of the Sensorimotor System	
Chairperson: Roger M. Enoka	
Adaptive properties of the sensorimotor system <i>V. Reggie Edgerton and Roger M. Enoka</i>	1473
Acquisition and maintenance of the simplest motor skill: investigation of CNS mechanisms <i>Jonathan R. Wolpaw</i>	1475
Alterations in synaptic input to motoneurons during partial spinal cord injury <i>C. J. Heckman</i>	1480
Can the mammalian lumbar spinal cord learn a motor task? <i>John A. Hodgson, Roland R. Roy, Ray de Leon, Bruce Dobkin, and V. Reggie Edgerton</i>	1491
Human neuromuscular adaptations that accompany changes in activity <i>Alan J. McComas</i>	1498
Physical Fitness and Performance	
Sodium bicarbonate ingestion does not improve performance in women cyclists <i>Kathryn Kozak-Collins, Edmond R. Burke, and Robert B. Schoene</i>	1510
Special Communications	
Methods	
Assessment of energy expenditure for physical activity using a triaxial accelerometer <i>Carljin V. Bouten, Klaas R. Westerterp, Maarten Verduin, and Jan D. Janssen</i>	1516
Caltrac versus calorimeter determination of 24-h energy expenditure in female children and adolescents <i>Molly S. Bray, William W. Wong, James R. Morrow, Jr., Nancy F. Butte, and James M. Pivarnik</i>	1524
Book Reviews	1531
Author Index, Volume 26	1533
Key Word Index, Volume 26	1540
Contents of Volume 26	i

